

Tim Hortons

Road National Championships

July 7th -10th, 2005 Kamloops, BC



Sometimes the best seat in the house is a bike seat.

Imagine sitting on your bike, riding on a closed course at the Tim Hortons Road National Championships alongside members of the Canadian Cycling Team. Now imagine you're between five and ten years of age, experiencing the dream of a lifetime. Tell your kids, your nieces, your nephews, your next-door neighbours, and your friend across town to join us, because the Timbits Cycling Challenge is on its way to you.

All participants will receive:

A Timbits medal, water bottle, backpack, cycling T-shirt, snack pack of Timbits, cycling safety book, bike reflectors, and high fives with all other riders.

What you'll need to participate:

- Youth (of the 5-10 year old variety).
- A bike helmet.
- Register (you have until Sunday, July 3).
- Oh, and don't forget your bike.



Event Schedule:

- Thursday July 7th – Time Trial, Opening Ceremony and Timbits Cycling Challenge
- Friday July 8th – Criterium
- Saturday July 9th – Categories Road Race
- Sunday July 10th – Elite Road Race



TIMBITS™

CYCLING CHALLENGE

Participants should present themselves at 5:00pm, Thursday, July 7 in order to say "I'm here" and receive their registration kit. Registrations will take place at the Kamloops Indian Band Pow Wow Grounds, Shuswap Road and Hwy. 5 North. Event time for the Timbits Cycling Challenge starts at 6:00pm.

TIMBITS™ CYCLING CHALLENGE

Thursday, July 7th 2005

Register

Fax: Fill out and Fax this form to: 250-828-1180. In Person: drop off completed form at The Bicycle Café (1648 Valleyview Drive) or Spoke 'N Motion (194 W. Victoria Street).
Email: timhortons_roadnats05@shaw.ca

Name _____ Age _____

Address _____

Phone # _____ Alternate _____

Signature for Photo Release _____ Signature of Parent or Guardian _____

Participants will be grouped by age. Ages 5-6, 7-8, and 9-10. HURRY UP! The maximum number of contestants is 300 (100 per age group) for the Road National Championships. Although the deadline for registration is July 3, places may be long gone by then.